



BTEC Course Information



Qualification: BTEC Level 3 Extended Diploma in Sport

Exam Board: Pearson

Subject Leader: Miss A. Cotton

Entry Requirements:

Minimum Entry Requirements:

5 x 4s

At least a 4 in English and Maths

Subject Specific Entry Requirements:

Minimum 4 in PE if taken at GCSE

A Pass in Sport if taken at Level 2

Regular participation in at least one competitive sport

Why study BTEC Sport?

This course provides a specialist, applied programme of vocational study for those who have already decided the area they wish to pursue. It has been designed for students who have a real interest in the theoretical and practical aspects of anatomy and physiology, physical and psychological sports performance, coaching and fitness. It will give you the opportunity to develop your knowledge and investigate a wide range of sport, exercise and coaching aspects.

What can I do with BTEC Sport after Sixth Form?

You will gain a qualification that will enable you to study sports related degrees at university, such as Sports Management, Sports Therapy, PE Teaching, Sports Coaching and Analysis of Sport.

This qualification is particularly appropriate for learners who are interested in progressing to a career in sport and physical activity development.

Previous students have gone on to further study on sports related courses at top institutions such as Loughborough University, University of East Anglia and Southampton University. The BTEC Sport qualification also allows you to progress onto further work-based courses or apprenticeships, for example, Personal Training or Sports Coaching.

BTEC Sport Extras

The vocational nature of the course provides links with local sports industries through the work experience unit. In addition, we also invite guest speakers and industry experts to share their knowledge and experience, and have forged connections with local university sports departments. This serves to give students an in depth experience of further study and the options for employment in sport. You will also be involved in sports events for local primary schools and will have the opportunity to complete coaching and first aid qualifications.

What will I study?

The Extended Diploma is equivalent in size to three A-Levels.

Over the course of the two years you will study 14 units.

Four Units (40% of the course) are Externally assessed through controlled assessments and an written examination. These units include:

Unit 1—Anatomy and Physiology (written examination)

Unit 2—Fitness Training and Programming for Health and Well-Being

Unit 19—Development and Provision of Sport and Physical Activity

Unit 22—Investigating Business in Sport and the Active Leisure Industry

The remaining 10 units on the course (60%) are internally assessed through assignment activities with a vocational context. These units include:

Unit 3—Professional Development in the Sports Industry

Unit 4—Sports Leadership

Unit 5—Application of Fitness Testing

Unit 6— Sports Psychology

Unit 7—Practical Sports Performance

Unit 8—Coaching for Performance

Unit 9—Research Methods in Sport

Unit 17—Sports Injury Management

Unit 18—Work Experience in Active Leisure

Unit 23—Skill Acquisition in Sport